



Preparing for Surgery

Prior to surgery

- Verify coverage with insurance company.
- Complete pre-admission testing / lab work.
- Complete a living will or health care power of attorney. Otherwise, the center has an Advanced Directive form available to you during registration.
- Stop shaving legs three days prior to surgery.
- Arrange for someone to drive you to and from the facility on the day of surgery.
- Fill prescriptions for your post operative medications.

The Day Before Surgery:

You will receive a call from the facility to confirm your procedure and arrival time after noon.

- For Monday surgeries, you will be called on Friday.
- If you do not receive a call by 3:00 p.m. the day before surgery, please call New England Baptist Surgery Center at 781-809-2050.
- Do NOT eat or drink anything after the time you were instructed; ice chips, gum, or mints are NOT allowed.
- Do NOT use lotions or powders.
- Do NOT shave before surgery (legs or face).

Please be sure to:

- Wash your hair the night before. Bathing helps reduce bacteria on the skin and may lessen the risk of infection after surgery.
- Sleep in clean pajamas or clothes.
- Sleep on freshly laundered linens.
- Get a good night's sleep – it's important to be well-rested before surgery.

What to bring with you the day of Surgery

- Driver's license or photo ID, insurance card and Medicare or Medicaid card
- Copy of your Advanced Directives
- Current list of medications and supplements
- Loose shorts, jogging suit, sweats, and/or tops
- Appropriate footwear
- Eyeglasses
- Hearing aid and batteries
- CPAP machine
- Cell phone
- Important telephone numbers (including the telephone number of the person bringing you home)